



My Tuscan Kitchen: Seasonal Recipes from the Castello Di Vicarello

By Aurora Baccheschi Berti

Rizzoli Universe Promotional Books. Hardcover. Book Condition: New. Hardcover. 288 pages. Dimensions: 9.2in. x 7.3in. x 1.3in. A sumptuous escape to the sensual culinary flavors of the Italian countryside, with more than a hundred recipes for the home cook. In a wild, undiscovered corner of Tuscany called Maremma, boars roam the hillsides, olive trees stand like sentries, and fennel perfumes the air. This landscape yields its own cuisinerustic dishes that let their seasonal ingredients shine through. There is no better place to learn the secrets of this cuisine than the Castello di Vicarello. This twelfth century fairy-tale castle is now an exclusive resort where the proprietor, Aurora Berti, prepares meals based on the garden. Here, Aurora presents the many recipes she has developed over the past decade by sharing with local peasant women and drawing from her own familys traditions. Organized by season, this charming cookbook immerses the reader in the daily rhythms of the land. The dishes are accompanied by sidebars and photos that convey the story of this place: pruning the vineyards in winter, picking asparagus in spring, drying tomatoes for sauce in summer, and hunting porcini in fall. The recipes burst with flavor while remaining simple: black kale...



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