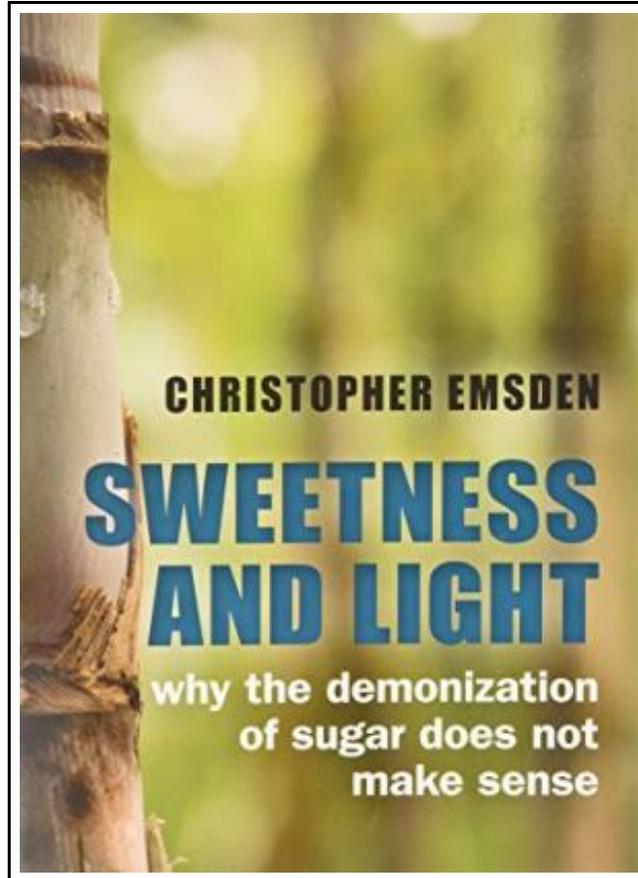


## Sweetness and Light



Filesize: 6.53 MB

### ***Reviews***

*Complete guideline for publication fans. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.*  
*(Llewellyn Terry)*

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The McGraw-Hill Companies, Italy, 2015. Paperback. Book Condition: New. 255 x 205 mm. Language: N/A. Brand New Book. Sugar is increasingly portrayed as the villain in a global diabetes epidemic triggering demands for drastic cuts in consumption. Is such a regulatory change feasible and would it even make sense? *Sweetness and Light* takes a broad look at the best of what is known - ranging from photosynthesis and our gut microbes to the ongoing industrial revolution and genetically obese laboratory rats - and concludes that the demonization of sugar incidentally the world's most efficient source of calories in terms of agricultural land obscures the need to focus on a host of more complex and troublesome culprits of the world's contemporary metabolic woes.



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