



## Walks and Rambles on Cape Cod and the Islands: A Nature Lover's Guide to 35 Trails (2nd Revised edition)

By Ned Friary, Glenda Bendure, Glenda Bendure

Countryman Press Inc. Paperback. Book Condition: new. BRAND NEW, Walks and Rambles on Cape Cod and the Islands: A Nature Lover's Guide to 35 Trails (2nd Revised edition), Ned Friary, Glenda Bendure, Glenda Bendure, The region includes some of the best bird-watching trails in the Northeast of the USA: salt marsh walks, woodland rambles, beach strolls, wildlife refuges, and the 40-mile-long Cape Code National Seashore. With a climate tempered by the sea, summers lingering into fall and winters are mild enough for all year-round hiking. Of the 35 walks described in this edition, 24 are mainland jaunts, 7 explore Martha's Vineyard, and 4 are on Nantucket. Each description includes a map, directions to the trailhead and commentary on local and natural history.



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